



Health & Social Care: Principles and Contexts

Exam Board: WJEC

Do you have a caring nature and a natural instinct to help other people? If so, this Health and Social Care Course is just up your street. Virtually everybody, at some stage in their life, will need some sort of support and help. It may be a domestic crisis, a medical problem or an age-related issue; the reasons are many and varied. You will study the needs of such groups and how they can be met. You will do this in a practical and realistic way, gaining confidence by developing independent learning skills.

Minimum Entry Requirements

- A minimum of 6 A* to C grades at GCSE with a C grade in Health and Social Care if previously studied

If you have any queries, please contact Mrs K Slade (Subject Leader).

Structure of the units.

- Learners must complete the three units below.

Unit 1: Principles of care and safe practice (25% of grade)

This unit introduces you to the care principles, skills and techniques required by both formal and informal carers to treat individuals well in different care settings. You will also gain knowledge of ethical issues which may arise when providing care and the legislation, policies and codes of practice which support care workers. This will be internally assessed through two tasks based on a case study and set by the exam board.

Unit 2: Factors affecting individuals' growth and development (50% of grade)

In this unit, you will learn about the wide range of factors that influence an individual's health and wellbeing and how health can be monitored and improved. You will investigate the services available to meet people's needs and how care workers and other agencies promote good health. This unit is externally assessed through a written exam of 1 hour 45 mins.

Unit 3: Promoting the rights of individuals (25% of grade)

In this unit you will gain knowledge and understanding of the rights of individuals and the barriers they may face when accessing care services. These skills will be invaluable when supporting individuals through any challenges they may face. This will be internally assessed through a coursework assignment set by the exam board.

Progression Routes

Courses in Health and Social Care, Nursing, Midwifery, Education, Early Years, Social Work, Counselling, Youth Work

Career Opportunities

Health and Social Care students develop transferable key skills that employers are looking for, so they are considered suitable for a wide range of occupations e.g. social work, nursing, teaching, caring at all life stages and education. You might not be interested in a career in caring, but remember so many of us will become carers at family level that education in this area is invaluable.